

SMALL-SCHOOL VOLLEYBALL COACHING MANAGEMENT SYSTEM

16-Area Master Problem Outline

16 CORE PROBLEM AREAS

1. Coach Assignments	9. Match-Day Preparation
2. Practice Schedules	10. Individual Coaching
3. Player Evaluation and Roles	11. Time Management
4. Skill Development	12. Minimizing Player Dead Time
5. Conditioning and Injury Prevention	13. Captains and Senior Leadership
6. Systems, Rotations, and Lineups	14. Equipment, Uniforms, and Laundry
7. Team Discipline and Culture	15. Multi-Sport and Working Athletes
8. Gym, Locker Room, and Facility Operations	16. Opponent Scouting and Match Planning

FIVE UMBRELLA CATEGORIES

A. STAFF MANAGEMENT	1 Coach Assignments 10 Individual Coaching 13 Captains and Senior Leadership
B. PRACTICE MANAGEMENT	2 Practice Schedules 4 Skill Development 5 Conditioning 11 Time 12 Minimizing Player Dead Time
C. PLAYER & SYSTEM MANAGEMENT	3 Evaluation and Roles 6 Systems and Rotations 7 Team Culture
D. MATCH MANAGEMENT	9 Match-Day Preparation 16 Opponent Scouting and Match Planning
E. SMALL-SCHOOL REALITY	8 Facility Operations 14 Equipment and Laundry 15 Multi-Sport and Working Athletes

NOTES / PRIORITIES

AREA 1: COACH ASSIGNMENTS

MANAGEMENT OBJECTIVE

Build a small, dependable staff in which every adult owns specific teaching, safety, and match duties.

COMMON SMALL-SCHOOL CHALLENGES

- Too few assistants for six position groups
- Teachers arrive late from classroom duties
- Unclear bench and statistic responsibilities
- One coach carries every operational task

OPERATING SYSTEM

1. Name one lead for offense, defense, serving, and scouting
2. Publish pre-practice, practice, and match duty cards
3. Cross-train every assistant in rotation tracking and libero rules
4. Use managers for balls, video, water, and equipment
5. Hold a ten-minute staff huddle before athletes enter

WEEKLY / DAILY CHECKLIST

- Confirm attendance and coverage
- Assign court and drill ownership
- Review injured-player restrictions
- Set match bench and substitution roles
- Record one staff improvement after practice

MEASURES TO TRACK

- Practices start on time
- No uncovered duty
- Clear feedback from players

COACH NOTES / NEXT ACTION

AREA 2: PRACTICE SCHEDULES

MANAGEMENT OBJECTIVE

Create repeatable practices that maximize contacts, decision-making, and team-system work in limited gym time.

COMMON SMALL-SCHOOL CHALLENGES

- Shared gym and changing start times
- Short seasons and weather cancellations
- Too much standing in lines
- Late multi-sport arrivals

OPERATING SYSTEM

1. Post a minute-by-minute plan before school ends
2. Open with movement and ball-control work
3. Progress from isolated skill to game-like pressure
4. Reserve daily time for serve-receive and transition
5. Finish with scoring, review, and next-day priorities

WEEKLY / DAILY CHECKLIST

- Verify gym availability
- Prepare nets, carts, targets, and clocks
- Set contact goals for every drill
- Plan a short-gym alternative
- End within the published time

MEASURES TO TRACK

- Contacts per athlete
- Minutes in game-like play
- On-time completion

COACH NOTES / NEXT ACTION
